



Hand Book  
on  
**Skin Care Treatments**

# TABLE OF CONTENTS

Age Spots Removal Treatments ..... 3

Skin Renewal with IPL Photofacial ..... 4

Permanent Laser Hair Removal ..... 5

Laser Skin Treatment for a Wide Range of Skin Problems..... 6

An Article on Acne Treatment ..... 7

Skin Treatments help at Advance laser Clinic ..... 8

Skin Care Treatments ..... 9



# AGE SPOTS REMOVAL TREATMENTS

Age spots removal is the biggest concern for the people touching their 40s. Being a telltale sign of one's age, majority people look for the ways to treat and reduce them. Also known as liver spots, sun spots, or lentigines, they are usually flat, harmless brown skin discolorations occurring on hands, face and neck.

Age spots are mainly caused by over exposure to the sun for many years, and it can only be cut down by using sunscreen regularly. They are flat, harmless patches of increased pigment, like freckles that increase in number as we get older. The only question that pops up is - should we worry about it? The answer can be yes as well as no.

Though cosmetically worrisome, age spots aren't that threatening and do not need to be treated. Moreover, it is not a coincidence that age spots normally appear on the backs of hands and necks, forearms and the face. In short, all those body parts that receive the maximum sun exposure. According to the experts, age spots are a reflection of considerable sun damage. They can be easily repaired by [age spots removal](#) treatment. Excessive sun damage which is not treated on time means there is an increased risk for skin cancer.

You will be amazed to know that skin cancer is the most common form of cancer. It has affected one in seven Americans. But if it is caught early and treated by *age spot removal* treatment, it has shown 90 percent cure rate. Age spots can be divided into three types of carcinomas. Those are basal cell (the most common), squamous cell and melanoma, the deadliest form. There is a misconception that melanoma is a raised bump. This is partially true as it can also be flat. 'Prevention is better than cure', this quote may be cliché but is the best step taken.

If you wish to avoid [age spots removal](#) treatment then the only option you have is protection from sun. Try to cut down sun exposure by wearing protective clothing accompanied with your sunscreen. But this does not mean you can stay out in the sun twice as long. You need to apply sunscreen regularly and also after swimming. When we talk about protective clothing, you can find some of the new high-tech materials offering SPF protection. This type of clothes contains brighteners and resins that easily absorb ultra violet, or UV, light.

**Age spots removal** is the most common treatment available at various skin care centers but it's Advanced Laser Clinics that heads the list. Advanced Laser Clinics is Chicago's best skin care clinic offering various treatments. If you wish to revitalize your skin or want to know more about age spot removal, [laser removal age spots](#), and [skin renewal](#), just click [www.advancedlaserskin.com](http://www.advancedlaserskin.com).



# SKIN RENEWAL WITH IPL PHOTOFACIAL

Science and technology has come a long way in recent years. Now with various techniques you can retain your beauty and can also get your skin renewed. Skin renewal isn't a new technique but it got a massive boom with the emergence of IPL Photofacials. Intense Pulsed Light (IPL) Photofacials has taken the medical world with a stride as now it has been used regularly by many people. Anyone who wishes to put full stop to the increasing age, simply go for skin renewal via IPL Photofacials.

IPL Photofacials can effectively treat various body parts and damages such as sun damage, age spots or sun-induced freckles, broken capillaries, telangiectasias, and benign brown pigments. All these problems are effectively treated with no side effects. IPL Photofacial has emerged as the most exciting technology in today's aesthetic environment. It not just corrects various skin conditions and facial imperfections but actually reverse them all.

This skin renewal treatment is different from laser procedure as it is a carefully tested and perfected therapy providing long-term improvement. This long-term improvement is not restricted to the complexion but also to texture of an entire area. FDA approved IPL Photofacials effectively treats the skin and eliminate all signs of aging. This skin renewal treatment is very easy to undergo as the emitted pulsed light eliminates all age spots, freckles, broken capillaries, and signs of rosacea. Apart from that it simultaneously stimulates collagen production.

The biggest advantage of IPL Photofacials is that you can experience the changes within a few treatments. You will see smoother and firmer skin, marking a significant decrease in fine lines and light wrinkles. Now you don't have to suffer long periods of healing, prolonged redness and discomfort while renewing your skin. IPL Photofacials can be easily and effectively performed on any area you desire such as hands, chest and neck.

With the help of IPL Photofacials treatment you can curb the signs of aging by reducing fine lines and scars, thinning of enlarged pores, reducing sun damage and photo-aging, eliminating the redness, flushing and appearance of rosacea, and many more. If you wish to go for skin renewal, Advanced Laser Clinics is there at your service. Advanced Laser Clinics is the one stop shop for all your skin queries and problems.

To treat your skin effectively, Advanced Laser Clinics customize a treatment program for you. This treatment program is crafted as per your specific wants, needs and desired results. This will determine the number of treatment you'll be undergoing. All the treatments offered at Advanced Laser Clinics are provided by highly-trained & professional technicians. Hence, if you wish to stop your age or want to know more about IPL Photofacials or light pulse skin renewal, skin renewal, and photo rejuvenation skin care, just click at [www.advancedlaserskin.com](http://www.advancedlaserskin.com).



# PERMANENT LASER HAIR REMOVAL

You must have heard the latest buzz surrounding permanent hair removal with the help of lasers. Everyone wants to look beautiful and for that the best way is to get rid of all the unwanted hair. This is the reason why more and more people are going for permanent hair removal.

You will be surprised to know that in permanent hair removal process, actual lasers are not used. Instead laser replacements are used which emit the same strong pulses of light. However, they are much safer than a real laser.

According to the medical experts, if you are going for permanent hair removal it is advisable to contact highly trained professionals. Many trained professionals or websites use precision equipment to send light into the hair follicle. This emitted light penetrates the melanin surrounding the follicles. This penetration rapidly increases the temperature of the hair follicle, causing removal and finally complete destruction of the follicle. That's why; permanent hair removal with laser is so successful in many candidates.

Being a permanent hair remover, it is less painful than some other methods and usually requires around four treatments. Isn't it a convenient way to get rid of unwanted hair? When this process is done by a properly trained medical professional, permanent hair removal with laser proves to be very effective. However, there are still no guarantees but its true, hundreds of thousands satisfied customers who have undergone this treatment, have thrown away their razors. The biggest advantage of permanent hair removal is that it can be used on all parts of your body, whether it is your hand, leg, buttock, chin, chest, face, and any other body part.

There are a few strict guidelines and parameters followed by a laser specialist for treating certain damaged skin areas. Moreover, if your skin is in good health, then hair covering can be removed easily. If you have a skin problem in a particular area, a doctor can refuse to treat that area. For instance, if you are having acne on your face, doctors may not treat your upper lip or eyebrows with the fear of making the acne condition worse. This is a precaution taken by most doctors. Also if you have dry and flaky skin, you will likely be passed over for permanent hair removal with the fear of exacerbating the condition.

If you are annoyed with your unwanted hair and want to get rid of them permanently, permanent hair removal with laser is the best option. Wish to know more about permanent hair removal, laser hair removal, laser hair removal prices, and laser hair removal Chicago? If yes, click [www.advancedlaserskin.com](http://www.advancedlaserskin.com).



# LASER SKIN TREATMENT FOR A WIDE RANGE OF SKIN PROBLEMS

Men have also started booking appointments at salons or spas these days. They also go for eyebrow waxing to boast the much hyped 'metrosexual' look. With celebrated men like David Beckham boasting nicely-shaped brows, it seems that men aren't settling for less. This has increased the popularity of laser hair removal treatment. In a latest survey it was revealed that, 86% of the male, nowadays, get their eyebrows waxed. Getting eyebrows waxed isn't a good option when you have easily available laser hair removal treatment.

You will be shocked to know that up to 22% of women in North America have excessive or unwanted facial hair. This unwanted facial hair usually affects the quality of life for many individuals and they are compelled to rid themselves of unwanted body hair. With the help of laser hair removal, you can easily get rid of unwanted body hair which is dictated by popular culture and appearance anxieties.

Having body hair is undesirable for various patients having cultural, social, cosmetic, or psychological reasons. Unwanted hair generally results in feelings of embarrassment or emotional burden, but why to worry when laser hair removal treatment is at your service. If you are in Chicago and looking for the reliable laser hair removal treatment, Advanced Laser Clinics is there for you.

Advanced Laser Clinics offers various treatments such as laser hair removal, light pulse skin renewal, microdermabrasion, and chemical peels. All these treatments are not just safe but also affordable. Advanced Laser Clinics makes sure that it uses adequate and safe methods for not just laser hair removal but also for all other treatments. It houses some of the highly trained medical technicians making laser hair removal an effective form of treatment for unwanted body hair.

Advanced Laser Clinics' IPL Photofacial treatment is also FDA approved & ensuring 100% results with no or minimal side effects. There is a misconception that laser treatment involves certain side effects. This misconception has been disregarded by the technicians working at Advanced Laser Clinics. They say that this treatment is not just safe but also result oriented. In laser hair removal treatment, a laser beam basically killing the hair follicles is emitted. However, result of this treatment may vary from your skin pigmentation and the color of your hair.

For this Advanced Laser Clinics' technicians analyze your skin and according to that design a program for you. This program determines how many sittings you will be undergoing. The biggest benefit of getting laser hair removal treatment at Advanced Laser Clinics is that this treatment is pocket friendly. This means you don't have to spill thousands of dollars for undergoing this treatment. What you are waiting for, if you wish to know more about laser hair removal, chemical peels and microdermabrasion, just click [www.advancedlaserskin.com](http://www.advancedlaserskin.com).



# AN ARTICLE ON ACNE TREATMENT

From the intermittent pimple during times of stress to the regular breakouts before menses, acne affects almost all every women at some time in their lives. Acne is not just restricted to women, men also suffer the same. Acne is a common problem experienced during the preteen and early teen years. There is no fixed age bar as acne can also arise in young adulthood and persist for years. That's why anyone suffering from acne these days simply selects for acne skin care treatment.

Recently concluded studies revealed that, women feel more frustrated by acne than men. Moreover, dealing with some kind of chronic disorder that too associated with puberty can lead to more frustration. But don't feel disheartened if you have acne as effective acne skin care treatment is easily available. Before jumping onto the solution, it is wise to know how acne occurs. Your skin carries thousands of oil glands producing sebum. This sebum is used to moisturize and enhance the skin's ability to act as a protective barrier.

Each gland carries sebum to the surface through pores. However, the highest density of oil glands is deposited on your face particularly at the nose, forehead and mid-cheek areas. This is the reason why, acne mostly occurs on the face, chest and back. Many medical experts and doctors think that hormones play a major role in pore blockage and increased oil production. This increased production or piling up of oil within the pore results in the formation of blemishes such as blackheads and whiteheads.

There are various steps that can be taken to curb acne but among all acne skin care treatment heads the list. In many situations acne can be aggravated by sleeping on damp hair, thick, pore-blocking creams, long hair brushing the skin on your back, neck, and face, clothing, hats, helmets or pads that retain sweat or moisture in them, hair gels and sprays where they may touch your skin, and many more. If you are suffering from acne instead of panicking, simply contact Advanced Laser Clinics for acne skin care treatment.

Advanced Laser Clinics' acne skin care treatment not just cures your acne but also minimizes the risk of scars by improving your skin's appearance. At Advanced Laser Clinics, your treatment begins with your skin analysis and discovering what triggers your acne. After knowing this, your treatment is determined which will help you to control the condition. If you are tired of your acne problem and looking for a perfect solution, Advanced Laser Clinics' acne skin care treatment is the best solution available. Wish to know more about acne skin care treatment, microdermabrasion, chemical peels, IPL Photofacial, and acne treatment? If Yes, click [www.advancedlaserskin.com](http://www.advancedlaserskin.com).



# SKIN TREATMENTS HELP AT ADVANCE LASER CLINIC

Imagine you are browsing through various skin care aisles and finding the perfect product boasting all-natural ingredients. You go further and read the label stating benzoic acid, butyl stearate, along with some unpronounceable names. And you think that this is the perfect product containing no preservatives and chemicals. Problem is majority of these products can actually irritate sensitive skin. This is when Advanced Laser Clinics' skin renewal treatment comes into picture.

Advanced Laser Clinics is Chicago's best skin care centre. It is a one-stop-shop for all your skin and unwanted hair removal needs. It offers not just permanent hair removal by laser but also skin renewal treatment. Advanced Laser Clinics' performs skin renewal treatment via Intense Pulsed Light (IPL) Photofacials.

Intense Pulsed Light (IPL) Photofacials is not a new technique as Advanced Laser Clinics has been using this technique effectively and successfully for quite some time. This treatment can effectively treat sun tan or sun damage, age spots such as sun-induced freckles, broken capillaries, telangiectasias, and most benign brown pigments. If you are experiencing any one of these, they can be effectively treated at Advanced Laser Clinics and that too within your budget. Anyone residing in Chicago simply contacts Advanced Laser Clinics for skin renewal treatment and permanent hair removal. All these treatments are not just safe and effective but also affordable.

Advanced Laser Clinics is one place where you can get rid of all the skin and unwanted hair related problems, that too within few treatment sittings. All of its provided treatments are cost-effective with no side effects. FDA approved, this IPL Photofacial is the most exciting technology used by Advanced Laser Clinics for skin renewal. It usually corrects or actually reverses various skin conditions and facial imperfections, specially the signs of aging.

This skin renewal treatment is slightly different from laser procedures. It is thoroughly tested and perfected therapy providing long-term improvement. All the other treatments at Advanced Laser Clinics are cost effective and are customized. Customization means each and every treatment program is based on your particular wants, needs and desired results.

Before beginning with your treatment, Advanced Laser Clinics' highly-trained, professional technicians will analyze your skin. By that they will suggest you the treatment and the number of sittings required. And all these steps are available in a pocket friendly budget. Thus, what are you waiting for, if you wish to revitalize your skin or want to know more about skin renewal and luxury skin care products simply contact Advanced Laser Clinics at [www.advancedlaserskin.com](http://www.advancedlaserskin.com).



# SKIN CARE TREATMENTS

**Because your skin is the hallmark of your beauty**

The skin of the human body is more than an outer protective coating. It has always been regarded the mark of a persons beauty and capability. If the skin is soft and fine, the person is regarded as delicate and beautiful. If the skin is coarse and hard yet smooth, the person is known to be diligent and hard working. A healthy skin is the mark of a healthy body and personality.

At [www.advancedlaserskin.com](http://www.advancedlaserskin.com), we bring to you the best in skin treatment. We have a number of skin care treatments available but there are four major treatments that are available with us. These are **Laser Hair Removal**, Intense Pulsed Light (IPL) Photofacials, Microdemabrasion and Chemical Peel Treatments. Let us discuss each of these in detail.

We have developed the new FDA approved Light Sheer Diode to provide to you the best possible Laser hair removal. Being FDA approved, the technology is extremely safe and yes, it works very effectively. Unlike the more painful and costly, electrolysis process, the Light Sheer Laser Hair removal system is a much better technology and in case you face any problems then we also have a topical anesthetic facility available just for you. We use patented ChillTip technology to ensure that treatment does not make you feel uncomfortable. We also offer the unique ability to treat any type of skin including those with a tan. We have a proven reliability of our equipment and we promise that your laser skin treatment will not be hampered because of equipment downtime.

Another one of famous skin treatment service that we offer includes the new chemical peel treatment. These **chemical peels** are clinically proven to be totally safe for human skin. We offer many types of affordable skin peels, including the Vitalize Peel which improves skin texture, lessens fine lines and provides a healthier looking skin. Our Basic Salicylic Acid Peel is a deep cleansing treatment which removes the dead skin cells and stimulates skin regeneration. The Glycolic Acid Peel uses alpha hydroxyl acids and is used to allow fresher skin to surface by stimulating collagen production. Our Ultra peel exfoliating treatment specially treats dehydrated, maturing skin, skin damaged by smoking & pigmentation disordered skin.

Other **chemical peels** include the oxygenating chemical peel, Sensi chemical peel, Pumpkin chemical peel treatment, Esthetique chemical peel, Smoothing chemical body peel and Oxygen-trio treatment.

If you want more information about [Laser hair removal treatment](#), [Chemical peels](#), [Microdermabrasion](#) or [IPL Photofacial](#), just visit us at [www.advancedlaserskin.com](http://www.advancedlaserskin.com).

