



Leaders in
Laser Hair Removal



Leaders in
Skin Renewal



Leaders in
Microdermabrasion



Leaders in
Chemical Peels

Hand Book on Laser Hair Removal Treatment

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LASER HAIR REMOVAL TECHNIQUES AT ADVANCED LASER CLINICS

Unwanted hairs on the legs, face, arms, armpits, chin, bikini line and other parts of the body create irritations. Unwanted hairs are nuisance and become matter of concerns particularly for Women. Hair on upper chin looks like mini-beard on woman. Hair on stomach and armpits of woman looks bad if it is exposed and they are embarrassing sometimes.

If you are fed up with your unwanted hairs, take recourse to [permanent laser hair removal treatment](#). In this technique, a pulse beam is used to generate laser light for removal of unwanted hairs from different parts of the body. Permanent laser hair removal does not take much time. It depends on the body part. If it is face or chin, it takes a few minutes. If it is the back or legs, it will take more time, an hour or so.

Before you go for laser hair removal, you should discuss with the health care service provides whether the process will work on you or not. The health care providers will see whether it will work on you or not. You may be asked to give photographs from various angles of the body part to be treated. The hair care providers will use photographs for long-term reviews and tell you how it will work on you. You also must ask the service providers about risks of laser hair removal before and after.

Advanced laser Clinics use the FDA-approved LightSheer [diode laser hair removal](#). Patented ChillTip, manufactured by Lumenis, the nation's leading manufacturer of aesthetic procedure equipment, is used laser hair removal before after. During the process, you may experience a stinging sensation on the body part. Some health care clinics use local anesthetic prior to the process for reducing discomfort.



Laser permanent hair removal is a simple method to remove unwanted hair. You will get rid of unwanted hairs without using of tweezing, waxing and shaving. [Laser hair removal before after](#) is more secure than any other methods for hair removal if performed by skilled specialists. The laser hair removal can be taken on the largest portions such as the back, chest and legs in one session. Laser hair removal bikini is harmless compared to electrolysis and waxing. [Laser hair removal prices](#) are affordable and do not cost much compared to other techniques of hair removal.

Log on to <http://www.advancedlaserskin.com/> for more information on laser hair removal treatment. Advanced Laser Skin cares for its customers. It provides consultation laser hair removal before after free of cost.



ACNE SKIN CARE TREATMENT AT ADVANCED LASER CLINICS, CHICAGO

Acne can be very irritating which affects both the young and old alike. Sometimes it seems that there is no solution and no end to the problem. Some skin disorders are caused by irritated blackheads and whiteheads. These plugged pores usually occur on the face, neck, chest, back, shoulders and the upper arms. The development of acne becomes more and more difficult to cure if the infection is neglected and left untreated. This neglect can even cause further irritation and may eventually lead to the production of abscess. It is a common problem and can be easily cured by acne skin care treatment.

Since prevention is the best treatment to any impending injury or disaster, finding good [acne skin care treatment](#) can be an effective way to control your growing acne. These days there are many acne skin care treatments available. It is possible to find the solution for your individual case. Advance Laser Skin clinic, Chicago offers acne skin care treatment effective for people of every age group, ranging from 20 to 40 years.

The Advance laser clinics in Chicago provide the best treatments for skin treatment. Often enough oil trapped in the leads to bacteria and an acne outbreak. A common form of treatment is the exfoliation products like skin peels. Advance Laser Skin care program effectively removes your dead skin to prevent the growth of these bacteria. The treatment also eliminates open pores on your skin and gives you a clear and glowing skin. At www.advancelaserskin.com, you are assured to get your glowing skin back.

The Chicago clinic has a chemical peel for [treatment of acne](#). The chemical peels are different from other skin care treatments available in the market. Physical examination includes the face, upper neck, chest, shoulders, back, and other affected areas. Under expert care, doctors can determine:

- What types and how many blemishes are present
- Whether they are inflamed



- Whether they are deep or superficial
- Whether there is scarring or skin de-coloration
- The kind of acne treatment one must undergo.

The costs can vary and the treatment time can be reasonable. It is possible to find a solution that fits your budget. If you have acne problems, consider acne skin care treatment available at Advanced Laser Clinics, Chicago. For more information on acne skin care treatment, skin rejuvenation, or laser hair removal please visit www.advancedlaserskin.com.



LEARN MORE ABOUT LUXURY SKIN CARE PRODUCTS

No matter whether you are young or old, male or female, having good skin is of utmost importance. After all, the tone and texture of the skin is what people notice most often. But unfortunately, keeping the perfect skin is easier said than done. You may run into problems with various skin conditions. When it comes to personal skin care there is a lot you have to keep in mind. Not everybody can have the perfect skin without having to do a thing to make it look great. Luckily, skin care is one area where Advance Laser Clinic helps you restore your natural state of beauty and grace.

Incidentally, skin care has a lot to do with the luxury skin care products that you use. There are hundreds of skin care products in the market for you to choose from. Of course, not all of them are going to be right for your skin conditions or types. But at the same time, you should be able to find some that are more than helpful. Advanced Laser Clinics, Chicago offers a skin toning system known as the Obagi System.

Easily available skin care recipes for skin conditions and other problems, from natural ingredients are not always helpful. Our skin needs some extra help to stay young and healthy looking as we grow older. The skin takes a beating from the natural elements like the sun, wind and rain every day. You can put the moisture back into your skin and keep it looking natural. The luxury skin care products from Advance Laser Skin Clinic offer Jane Iredale Mineral. The cosmetics have proved to be very effective for the skin. It is made up of natural ingredients and is absolutely safe for use. It does not contain any kind of preservatives that can cause harm to the skin. Their entire range of cosmetics is oil free.

Advancedlaserskin.com offers Skincentuals, one of the best luxury skin care products that promote the benefits of Vitamin C for the skin. Advanced Laser Clinics, Chicago is well appreciated for its advanced line of skin products. The clinic has a selection so large that you can purchase anything from skin supplements to luxury skin care products all from the same location. This will not only save you time, but money as well. Visit www.advancedlaserskin.com and get detailed information about these innovative treatments and luxury skin care products that are available at the site.



FREQUENTLY ASKED MICRODERMABRASION QUESTIONS

Microdermabrasion is a scientific method that uses fine crystals to abrade the skin's surface. It is employed for skin resurfacing as well as for treating a range of skin abnormalities. This treatment has been used in Europe for years; now this procedure is helping men and women in the United States experience remarkable improvements in their skin texture, regardless of skin color.

With the microdermabrasion skin treatment program, at Advance Laser Skin clinics, Chicago, you will witness immediate improvement in your skin's tone, texture and appearance. This unique approach removes dead and flaking skin cells and stimulates the production of fresh, young skin cells and collagen.

Some commonly asked [Microdermabrasion questions](#):

How does Microdermabrasion work and what results can I expect?

Microdermabrasion is a skin resurfacing procedure and is conducted by vacuuming micro-crystals through a delicate hand piece, which is held at a precise angle to the skin, producing a skin-polishing peel. In as little as 30 - 40 minutes, this gentle abrasive technique efficiently produces results. The treatment spans over a few sessions. This treatment enhances the skin's condition by stimulating collagen production and does what no other available non-surgical treatment can do in combating the signs of aging skin. The procedure is safe to use on all skin types and colors.

It also reduces age spots and fine lines, unclogs pores, diminishes acne, stimulates collagen and produces a more uniform skin tone. Most people report that their skin is visibly softer, tighter, smoother and younger-looking, even right after their first treatment.



How soon will I see results?

You will notice an immediate improvement after your first treatment. Your skin will have a fresh pink glow and will be visibly softer with a smoother texture. Improvements continue throughout your treatment program.

How long does a Microdermabrasion treatment take?

Most facial microdermabrasion treatments take 40 minutes. Other areas may vary. Come into Advance Laser Skin clinic and ask for your complimentary consultation today!

How many treatments will I need?

Although great results are achieved with the first session, a minimum of five-six treatments is recommended for long-lasting results. These treatments are usually preformed every two weeks. After the first six sessions, you should receive treatments once a month to maintain your youthful-looking skin.

Who should consider Microdermabrasion?

Microdermabrasion is right for all skin types and for anyone interested in reducing:

- Scarring
- Fine lines
- Pigmentation
- Uneven skin tones
- Dull, lifeless and sun-damaged skin

Microdermabrasion is however not recommended for persons who have taken the acne drug Accutane within the past six months. For more questions on Microdermabrasion, log onto www.advancelaserskin.com.



WHAT CAN MICRODERMABRASION DO FOR ME?

Acne microdermabrasion is just one of the many excellent non-surgical treatments offered by Advance Laser Skin Clinics, Chicago. Acne microdermabrasion scar removal is an option for people whose severe breakouts leave scars on their faces. However the treatment will not work on acne scars that are very deeply imbedded in the skin; it is for normal scars that are not too deep, but are closer to the outer layer of skin. It's important to note that acne microdermabrasion is not a good choice for those individuals with the following skin conditions: rosacea, herpes, warts, eczema or lupus. Other conditions may also influence the safety of the treatment and the guidance of a dermatologist can help determine what is best for the patient.

Acne microdermabrasion actively promotes new skin cell production in the deepest layer of the skin as it clears dull and congested skin. The procedure takes about 30 minutes and maximum results are achieved between 4 to 12 visits, depending on the severity of the damage that has been caused on the skin in the area. When treated, the skin around the acne dermabrasion area will be slightly pink for a couple of weeks afterward. People find the skin from acne dermabrasion to be tight for the first 24-48 hours. One's skin may feel like a mild sunburn or windburn, but any further pain is uncommon. Using a good moisturizer along with a high SPF will help soothe the skin after the [microdermabrasion acne scars](#) treatment. Also, some peeling and light crusting may be expected in the area.

No anesthesia is needed for the procedure, since it is non-invasive and patients can drive home right after. Acne microdermabrasion treatment is a good option for those who wish to unclog pores and reduce fine acne scarring. For perfect results, proper maintenance will, however, be required.



The dermabrasion acne treatment products contain soothing ingredients that make them suitable for daily use in acne control. Following your [acne microdermabrasion](#) treatment at Advance Laser Skin Clinics, you will be recommended various after-care techniques. Like most of the Advance laser Skin's non-invasive treatments, there is no downtime. It is also recommended you avoid exposing the treated area to the sun for at least 24 hours. Also, because the outer layer of your skin has been exfoliated, the treated area will be sensitive to hot water and sweat for the first day. For more information on acne microdermabrasion, simply visit www.advancelaserskin.com.



FACIAL MICRODERMABRASION TREATMENT AT ADVANCED LASER CLINICS, CHICAGO

Facial microdermabrasion involves resurfacing the skin with a technique that involves the removal of wrinkles, stretch marks, scarring as well as acne and sun damage. Microdermabrasion can also be used on several areas of the body and is safe for all skin shades. It helps to reduce age spots and scars, diminish fine lines and improve the appearance of the skin. Depending on age and the level of damage, more than one microdermabrasion treatment may be needed. Facial microdermabrasion is an effective, non-surgical way to get rid of skin imperfections by exfoliating the outer layers of the skin.

Microdermabrasion is actually a skin resurfacing treatment that works gently by abrading the outermost part of the skin. The process involves the blasting a stream of fine micro particles across the face by a kind of "skin vacuum cleaner". The powder used varies according to the machines used and can include crystals of aluminum salts, sodium bicarbonate crystals, or even sodium chloride (table salt) crystals. The movement of these crystals under pressure loosens and partially removes the outermost epidermal layer of the skin. The Aluminum oxide micro crystal abrasion machines or diamond tipped wand gently sandblast your skin, leaving a new, fresh layer underneath thus leaving it smooth and fresh.

Facial microdermabrasion helps the face skin to rejuvenate faster than normal. It is a simple, straight forward, non-invasive procedure that revitalizes dull skin, reduces large pores, erases fine lines and wrinkles, acne scars, and reduces mild pigment irregularities also called hyper pigmentation. Moreover it encourages the production of a new underlying layer of skin cells with higher levels of collagen and elastin, giving the skin a fresher tone and healthier look.



The procedure of [Microdermabrasion](#) involves the spraying of a jet of mineral crystals to remove and vacuum the outer keratin layer of the skin. Regular removal of the kerating layer can improve the appearance of:

- Brown spots
- Shallow acne scars
- Hyperpigmentation
- Sun-damaged skin
- Dull or aging skin
- Fine lines and wrinkles
- Uneven skin tone and texture

Facial microdermabrasion is the new "lunch time" approach to skin resurfacing. It stimulates the production of new skin cells and collagen. Being less aggressive than laser resurfacing, microdermabrasion is a non-surgical treatment that does not require an anesthetic. Treatments usually take 35-45 minutes. While the effects of microdermabrasion are not as dramatic as those of laser resurfacing, the time required for recovering after the procedure is much shorter. Though there may be some redness afterwards, most patients can get back to doing their normal chores or duties immediately thereafter. Visit www.advancelaserskin.com for more on facial microdermabrasion.



LEARN MORE ABOUT BENEFITS OF MICRODERMABRASION

Microdermabrasion is a non-invasive skin treatment that removes the dead and damaged upper-most layer of skin cells to reveal healthier skin cells. Unlike some methods, like laser, that do not work on certain skin types, microdermabrasion is a completely safe procedure for the treatment of the skin. It can accommodate skin, regardless of its color or texture. Microdermabrasion is conducted with a hand-held device and it does not require any other elements. For maximum results, a personalized skincare program is advised, so that doctors can focus on the areas that require more attention in relevance to your skin tone and skin type.

Microdermabrasion follows a very simple formulation. The whole process is non-invasive; so you can carry out all your normal activities as usual while undergoing treatment. It does not even require the body to be subjected to any form of medication. Moreover, [microdermabrasion treatment](#) has proven benefits for the treatment of acne scars that are not very deep. These can be removed with a few more sessions by increasing the rate of the flow of crystals to abrade the skin slightly more than usual. The procedure is almost risk free with only some minor side effects. Microdermabrasion improves the appearance of skin texture by treating large pores, acne and acne scarring, dry or dull patches, sun spots, age spots, rough skin, blackheads and clogged pores, stretch marks, uneven skin tone, fine lines and wrinkles, and dermal circulation.

There is substantial evidence of patient satisfaction that have been benefited by microdermabrasion. The multifarious [benefits of microdermabrasion](#) outweigh the benefits offered by chemical peels, considering that the patient has minimal discomfort; there is no "downtime," required for recovery and the patient perceives immediate improvement in tone, skin texture, and pigmentation. Another big benefit of the microdermabrasion procedure is that unlike peels, the patients can still continue treatment with retinoid drugs and other exfoliation therapies without incurring significant irritation.



Microdermabrasion as a skin resurfacing procedure is also included in an intensive or complete skin rejuvenation program. A monthly procedure of microdermabrasion is performed for keeping the skin care program, working and stimulating dermal regeneration. The major benefit of microdermabrasion is that it helps improve the dermal layers prior to laser resurfacing and other cosmetic surgeries. It probably helps by increasing collagen and elastin in the dermis and also speeds up the recovery rate and reduces down time.

For more details on microdermabrasion, visit www.advancelaserskin.com.



AN ARTICLE ON STRETCH MARKS & THEIR TREATMENT

Stretch marks are thin, stretched tissues found on the body. They mainly appear on people who put on or lose weight rapidly. The upper layer of the skin is normal, but stretch marks occur when the collagen and elastin in the lower layer of the skin, which gives the skin its strength and elasticity, become thinner and are broken. At first, the marks look reddish-purple. This is because the stretched skin is more transparent and the small blood vessels that lie deep in the skin show through. There are two basic varieties of stretch marks: white and red. Older, mature stretch marks are commonly white or silver-colored; newer stretch marks tend to be reddish or purple in color.

Microdermabrasion is a technique that is proven to be effective in reducing stretch marks as well as the skin's fine lines, or what is commonly known as crow's feet. It also reduces age spots and acne scars. Microdermabrasion is actually a skin renewal process that accelerates collagen and skin cells production. The process involves the use of a pen-like device, which has the ability to emit helpful crystals onto the surface of the skin. What happens at that point is a tender abrasion course of action that entails the polishing off of all the skin's impurities, and in this case, the stretch marks.

One session of [microdermabrasion for stretch marks](#) usually lasts for about 30 minutes or so. A patient has to undergo a couple of sessions for maximum results, with a gap of two to three weeks between every session. Maintenance procedures also have to be undergone as well. Microdermabrasion for stretch marks has proven to be a highly successful procedure with several benefits to boost. It has no side effects. In fact it can be considered nil. Besides, there will be no peeling, no scarring, or even redness on the skin that will be noticeable. This is the safest way to achieve a clear skin that is free of stretch marks at the quickest possible time.



The microdermabrasion on [stretch marks](#) performed at Advance Laser Skin Clinics tones the skin, giving it a healthy-looking glow. You will feel fresh right after each session. On completion of the treatment, you will notice that the stretch marks will disappear as if was never there. If you are looking for a way to get rid of your stretch marks minus a worrisome surgical procedure, then Advance laser Clinic is the one for you. The procedure is not only very safe and effective; it can also be carried out within a very small duration like during your lunch break. It is as simple as that.

For more information on microdermabrasion, visit www.advancelaserskin.com.